



# PREGNANCY RESOURCES

## **What is a life-affirming agency?**

The types of life-affirming agencies include: Pregnancy Resource Centers, maternity homes, adoption and foster care, support for pregnant teens and parents, and education for high school and college students.

They provide support, counseling, understanding, material assistance, shelter, food, pregnancy tests, sonograms, resource information, food pantries, diapers, formula, baby items, parenting classes in English and Spanish, and job readiness.

## **How many agencies are there?**

There are more than 3,000 Life-Affirming Agencies in the United States, and more than 320 in Texas, including more than 200 Pregnancy Resource Centers.

There are more than 60 agencies in Dallas and North Texas.

## **Are there agencies in Dallas caring for mothers and babies after they are born?**

Yes! For 20 years, Council for Life has raised and donated over \$11 million to life-affirming agencies that provide services and support to both mom and baby post-birth.

## **Does the state of Texas do anything for mothers and babies?**

Yes! Texas has funded life-affirming agencies since 2006. Over the last three years, Texas has given \$150 million to life-affirming agencies. In 2020, more than 100,000 women and babies were helped by life-agencies FREE OF CHARGE.

## **I'm pregnant and need help.**

Call or go to these websites:

- Texas Pregnancy Center Network: 877-345-7734
- Option Line: 800-712-4357
- Abortion Pill Reversal Network: 877-558-033



## PREGNANCY RESOURCE CENTERS

### **Birth Choice of Dallas**

[birthchoicedallas.org](http://birthchoicedallas.org)

214.631.2402

### **FirstLook**

[firstlookcenter.org](http://firstlookcenter.org)

972.938.7900

### **Fort Worth Pregnancy Center**

[fwpc.org](http://fwpc.org)

817.924.9110

### **Hope Women's Center**

[myhope.org](http://myhope.org)

972.562.4673

### **Lifesavers Foundation - Mobile Sonogram Unit**

[lifesaversfoundation.org](http://lifesaversfoundation.org)

972.669.9000

### **LifeTalk Resource Center**

[lifetalkprc.org](http://lifetalkprc.org)

214.618.9352

### **Loreto House**

[loretohouse.org](http://loretohouse.org)

940.380.8191

### **Metroplex Women's Clinic North**

[metroplexwomensclinic.com](http://metroplexwomensclinic.com)

817.299.9599

### **Metroplex Women's Clinic Southeast**

[metroplexwomensclinic.com](http://metroplexwomensclinic.com)

817.557.9111

### **Metroplex Women's Clinic Southwest**

[metroplexwomensclinic.com](http://metroplexwomensclinic.com)

817.563.6999

### **Mid Cities Women's Clinic**

[mcwomensclinic.com](http://mcwomensclinic.com)

817.577.4387

### **Oak Cliff Bible Fellowship Church**

[ocbfchurch.org](http://ocbfchurch.org)

214.672.9100

### **Oak Cliff Bible Fellowship Church: The Turn-Around Agenda/Family Care**

#### **Pregnancy Care**

[turnaroundagenda.org](http://turnaroundagenda.org)

469.567.1793

### **Pregnancy Help 4 U**

[pregnancyhelp4u.org](http://pregnancyhelp4u.org)

817.753.6222

### **Pregnancy Resource Center**

[options4me.org](http://options4me.org)

### **Pregnancy Resource Center Rockwall**

972.772.8292

### **Pregnancy Resource Center Mesquite**

972.288.5500

### **Pregnancy Resource Center of Grand Prairie**

[cpcgp.org](http://cpcgp.org)

972.642.3877

### **Prestonwood Pregnancy Center**

[prestonwoodpregnancy.org](http://prestonwoodpregnancy.org)

972.428.4700

### **Real Options for Women**

[realoptionstx.com](http://realoptionstx.com)

972.424.5144

### **Thrive Central Dallas**

[thrivewomensclinic.com](http://thrivewomensclinic.com)

214.343.9263

### **Thrive East Dallas**

[thrivewomensclinic.com](http://thrivewomensclinic.com)

214.369.6281

### **Thrive West Dallas**

[thrivewomensclinic.com](http://thrivewomensclinic.com)

214.905.9068



**Thrive Irving**

thrivewomensclinic.com  
469.263.1201

**White Rose Women's Center  
Walnut Hill**

whiterosewomenscenter.org  
469.232.9472

**Women's Choice Resource  
Center**

choicepregnancy.com  
817.534.9947

**White Rose Women's Center  
Central Expy**

whiterosewomenscenter.org  
214.821.6292



**ABORTION PILL REVERSAL**

**Heartbeat International**

heartbeatinternational.org

**Abortion Pill Reversal  
Network**

877.558.0333



**MATERNITY HOMES**

**Amira's House**

amirashouse.org

**In My Shoes**

liveinmyshoes.org  
469-857-3264

**The Lullaby House**

lullabyhouses.org  
469.779.7076

**Bella House**

bellahouse.org  
972.379.7450

**Mater Filius**

materfiliusdallas.org  
972.836.9378

**Selah Creek**

selahcreek.org  
214.267.9513

**Bridges Safehouse**

bridgescanhelp.org  
469.272.4441

**Mercy House**

mercyhouse.org  
817.369.4628

**Viola's House**

violashouse.org  
469.751.2017



## ADOPTION & FOSTER CARE

### **Buckner International**

buckner.org  
214.960.1616

### **Catholic Charities Dallas**

ccdallas.org  
214.520.6590

### **Embrace Waiting Children**

embracetexas.org  
469.617.3174

### **Buckner Children and Family Services**

buckner.org  
214.430.4403

### **Christian Homes & Family Services**

christianhomes.com  
817.360.5930

### **Lifeline Children's Services**

lifelinechild.org  
205.967.0811

### **Buckner Adoption and Maternity Services**

buckner.org  
214.319.3426

### **ChristianWorks for Children**

christian-works.org  
(800) 375-2229



## POST-ABORTION SUPPORT / BABY LOSS GRIEF

### **Catholic Pro-Life Community - Project Rachel (Dallas area)**

racheldallas.org  
214.544.CARE (2273)

### **International Helpline for Abortion Recovery**

internationalhelpline.org  
866.482.LIFE (5433)

### **Abortion Changes You**

abortionchangesyou.com  
844.289.4673

### **Catholic Pro-Life Community - Project Joseph (for men)**

projectjosephdallas.org  
469.605.7262

### **The Justice Foundation/ Operation Outcry**

operationoutcry.org  
210.614.7157

### **Project Rachel Ministry**

hopeafterabortion.com  
888.456.HOPE (4673)

### **Catholic Pro-Life Community - Rachel Ministries (Fort Worth area)**

racheltx.org  
817.923.4757

### **Rachel's Vineyard Ministries**

rachelsvineyard.org  
877.HOPE4ME (467.3463)

### **Support After Abortion**

supportafterabortion  
844.289.HOPE (4673)

### **Someone Cares Fort Worth area**

someonecaresdfw.org  
817.869.1199

### **Abel Speaks**

abelspeaks.org  
844.440.0122



## PARENTING & LIFE SKILLS EDUCATION

### **ChristianWorks for Children**

christian-works.org  
800.375.2229

### **Embrace Grace**

embracegrace.com  
817.755.8484

### **YoungLives, a Young Life Ministry**

younglives.younglife.org  
214.265.1505



## YOUTH & COLLEGE MENTORING

### **Youth Equipped to Succeed**

justsayyes.org  
972.437.0002

### **Students for Life of America**

studentsforlife.org  
540.834.4600



## PREGNANCY RESOURCE CENTER SUPPORT

### **Blessings International**

blessing.org  
(918) 250-8101



## TARGETED MEDIA OUTREACH

### **Vitae Foundation**

vitaefoundation.org  
573.634.4316

### **Heroic Media**

heroicmedia.org  
512.340.0999



## OTHER LIFE-AFFIRMING AGENCIES

### **And Then There Were None**

abortionworker.com  
888.570.5501

### **Heartbeat International**

heartbeatinternational.org  
614.885.7577

### **Life Training Institute**

prolifetraining.com  
229.262.6290

### **EvanTell**

evantell.org  
214.265.9800

### **Human Coalition**

humancoalition.org  
214.295.7301

